

# Idyllwild Health Directory

## Mind, Body and Spiritual Health Resources

An IDY  
Project



[Categorical Listing](#)

### Astrologer

#### Chitan Parkyn

Spiritual Consultant for body and soul

#### Contact Information

Main Contact Person: Chitan Parkyn  
 Phone 659- 4242 FAX:  
 P.O. Box  
 Street Address:  
 E-mail: [cp@greencafe.com](mailto:cp@greencafe.com)  
 Website [earthstarconsulting.com](http://earthstarconsulting.com)

### Chinese Medicine

#### Kristin Ethier, LAC

Chinese Medicine Herbs, acupuncture, nutritional counseling. Yoga Instructor & Thai Massage Practitioner

[Acupuncture](#)

#### Contact Information

Main Contact Person: Kristin Ethier  
 Phone 659- 4663/ 619 990-7426-c FAX: 4665  
 P.O. Box 1985  
 Street Address: 54165 Pinecrest Ave. [Idyllwild Chrio]  
 E-mail:  
 Website [kethierlac.com](http://kethierlac.com)

### Chiropractor

#### Dr. Jack Stone

#### Contact Information

Main Contact Person: Jack Stone  
 Phone 659- 5544 FAX:  
 P.O. Box 3727  
 Street Address:  
 E-mail: [jackstonedc@yahoo.com](mailto:jackstonedc@yahoo.com)  
 Website

#### Idyllwild Chiropractic & Fitness

#### Contact Information

Main Contact Person: Charles Schelly  
 Phone 659- 4663 FAX:  
 P.O. Box  
 Street Address: 54165 Pine Crest Ave.  
 E-mail:  
 Website

#### Mountain Chiropractic

Ultrasounds, electrical therapy, accupressure, rehabilitation, muscle testing, massage, activator stress relief, Network sports medicine, SOR/Craniosacral

#### Contact Information

Main Contact Person: Judi Milin  
 Phone 659- 4522 FAX:  
 P.O. Box 3157  
 Street Address: 55450 S. Circle Dr  
 E-mail: [judi@greencafe.com](mailto:judi@greencafe.com)  
 Website

### Clinic

#### Idyllwild Health Center

Family Practice medical care

#### Contact Information

Main Contact Person: Joseph Atyia  
 Phone 659- 4908 FAX: 2984  
 P.O. Box 3152  
 Street Address: 54910 Pine Crest Ave  
 E-mail:  
 Website

### Cosmetologist/Beauty Treat

#### A Cut Above

Precision haircuts for men & women. Perm and color experts.

#### Contact Information

Main Contact Person: Karen or Rose  
 Phone 659- 5062 FAX:  
 P.O. Box 3635  
 Street Address: 26890 Highway 243  
 E-mail:  
 Website

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### Cosmetologist/Beauty Treat

#### Cedar St. Salon

#### [Contact Information](#)

Main Contact Person: Denise Chicarelli  
 Phone 659- 6300 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

#### Idyllwild Beauty Salon

Precision & clipper cuts, roller sets, coloring, weaving, french braids, waxing

#### [Contact Information](#)

Main Contact Person: Cindy  
 Phone 659- 2751 FAX:  
 P.O. Box  
 Street Address: 54240 N. Circle Dr  
 E-mail:  
 Website

#### Mountain Do's Hair Salon & Beauty Supply

waxing, ear piercing, manicures, pedicures, acrylics, and beauty products

#### [Contact Information](#)

Main Contact Person:  
 Phone 659- 9777 FAX:  
 P.O. Box  
 Street Address: 25965 Hwy 243  
 E-mail:  
 Website

#### Mountain Tropics Tanning Salon

Complete line of tanning products, spray tanning, 4 top of the line tanning beds; enjoy the warmth all year long; certified by Smart Tan International

#### [Contact Information](#)

Main Contact Person: Emily Pearson  
 Phone 659- 5522 FAX: 9996  
 P.O. Box 628  
 Street Address: 25965 Hwy 243  
 E-mail: [mountaintropics@msn.com](mailto:mountaintropics@msn.com)  
 Website

#### Village Hair Creations

cuts, colors, perms, highlights, manicures, and pedicures

#### [Contact Information](#)

Main Contact Person: Dawn Finlayson  
 Phone 659- 3949 FAX:  
 P.O. Box 3196  
 Street Address: 54391 Village Center Dr  
 E-mail:  
 Website

### Dentist

#### Idyllwild Dental Building

general dentistry for over 25 years; Dr. Heber G. Dunn and Dr. Bryan L. Dunn

#### [Contact Information](#)

Main Contact Person: Lana Ickes  
 Phone 659- 5011 /2744 after hrs FAX: 1922  
 P.O. Box 1788  
 Street Address: 54805 N. Circle Dr  
 E-mail:  
 Website

### Esthetician

#### Thee Royal Touch

Skin Care Specialist: Facials, Waxing, Body Treatment

#### [Contact Information](#)

Main Contact Person: Windean Dahleen  
 Phone 659- /909-223-1551-c FAX:  
 P.O. Box 403  
 Street Address: 25880 Cedar St  
 E-mail:  
 Website [theeroyaltouch.com](http://theeroyaltouch.com)

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<p><b>Fitness</b></p> <p><b>Ballistic Wonder Mountain Biking</b></p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person:</p> <p>Phone 659- _____ FAX:</p> <p>P.O. Box _____</p> <p>Street Address:</p> <p>E-mail: <a href="mailto:mountainbiking@greencafe.com">mountainbiking@greencafe.com</a></p> <p>Website <a href="http://greencafe.com/idyllwild/biking">greencafe.com/idyllwild/biking</a></p>
<p><b>Curves Idyllwild</b></p> <p>Women's 30-minute fitness &amp; exercise; Open 7AM-Noon and 2PM-7PM M-F; 8-12 Sat</p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person: Denise Edmiston</p> <p>Phone 659- 3031 FAX: 801 881 5457</p> <p>P.O. Box 99</p> <p>Street Address: 54425 N. Circle Dr.</p> <p>E-mail:</p> <p>Website</p>
<p><b>Dave Burgess Mountain Bike Ride</b></p> <p>Physical Recreation &amp; Scenic Beauty;meets Sat. AM 8AM at Bike Route [mountain and trail riding] breakfast later at JoAnn's</p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person: Bud Hunt</p> <p>Phone 659- 2038 FAX:</p> <p>P.O. Box 112</p> <p>Street Address: 54095 Pine Crest Ave [The Bike Route]</p> <p>E-mail:</p> <p>Website</p>
<p><b>Forest Fitness &amp; Therapeutic Massage</b></p> <p>private and semi-private strength, Pilates, &amp; weight management sessions; husband and wife massage team for you and your spouse!</p> <p style="text-align: center;"><b>Massage Therapist</b></p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person: Judi Way</p> <p>Phone 659- 6042 FAX:</p> <p>P.O. Box 524</p> <p>Street Address: 54450 Village View</p> <p>E-mail: <a href="mailto:lilith1200@yahoo.com">lilith1200@yahoo.com</a></p> <p>Website <a href="http://theidyllwildexperience.com">theidyllwildexperience.com</a></p>
<p><b>Idyllwild Race Committee</b></p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person:</p> <p>Phone 659- _____ FAX:</p> <p>P.O. Box _____</p> <p>Street Address:</p> <p>E-mail:</p> <p>Website <a href="http://idyllwildrace.com">idyllwildrace.com</a></p>
<p><b>Jazzercise</b></p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person: Heather Spehar</p> <p>Phone 659- 9071 FAX:</p> <p>P.O. Box _____</p> <p>Street Address: 25925 Cedar St. [Town Hall]</p> <p>E-mail: <a href="mailto:heatherspehar@greencafe.com">heatherspehar@greencafe.com</a></p> <p>Website <a href="http://jazzercise.com">jazzercise.com</a></p>
<p><b>Meant To Be Fit</b></p> <p>Personal Trainer</p>	<p><u><a href="#">Contact Information</a></u></p> <p>Main Contact Person: Kate Sirkin</p> <p>Phone 659- 4223 FAX:</p> <p>P.O. Box _____</p> <p>Street Address:</p> <p>E-mail: <a href="mailto:kate@greencafe.com">kate@greencafe.com</a></p> <p>Website</p>

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<p><b>Fitness</b></p> <p><b>Tara Dutton Hiking Club</b></p>	<p><u>Contact Information</u></p> <p>Main Contact Person: Tara Dutton</p> <p>Phone 659- 4232 FAX:</p> <p>P.O. Box</p> <p>Street Address:</p> <p>E-mail:</p> <p>Website</p>
<p><b>Yang Style Tai Chi</b></p> <p>Traditional Yang style Tai Chi taught every Monday and Wednesday mornings 11 am to noon. Classes consist of a 20 minute warm up, group practice, then instruction.</p>	<p><u>Contact Information</u></p> <p>Main Contact Person: Trudy Levy</p> <p>Phone 659- 9548 FAX:</p> <p>P.O. Box 3235</p> <p>Street Address:</p> <p>E-mail: <a href="mailto:trudybaludy@yahoo.com">trudybaludy@yahoo.com</a></p> <p>Website <a href="http://trudylevy.net">trudylevy.net</a></p>
<p><b>Health Products</b></p> <p><b>Dinner is Served</b></p> <p>Gourmet Health Food Chef, available for catering and private dining, Full Chef Services</p>	<p><u>Contact Information</u></p> <p>Main Contact Person: Julie Vanderlinden</p> <p>Phone 659- /763-4540 FAX:</p> <p>P.O. Box PO 390922</p> <p>Street Address:</p> <p>E-mail: <a href="mailto:dinnerisserved@earthlink.net">dinnerisserved@earthlink.net</a> Anza CA 92539</p> <p>Website</p>
<p><b>Idyllwild Green</b></p> <p>Organic produce,(market every Friday 2-7pm)groceries: bath,body,baby,pet,vegan foods,bulk coffee,water purification systems</p>	<p><u>Contact Information</u></p> <p>Main Contact Person:</p> <p>Phone 659- 4555 FAX:</p> <p>P.O. Box 1270</p> <p>Street Address: 54225 N. Circle Dr</p> <p>E-mail: <a href="mailto:info@idyllwildgreen.com">info@idyllwildgreen.com</a></p> <p>Website <a href="http://idyllwildgreen.com">idyllwildgreen.com</a></p>
<p><b>Merkaba -Fine Teas and Gifts</b></p> <p>teas, tea accoutrements, healing herbs, books, singing bowls, clothing, figurines, incense, candles, crystals; spiritual readings, psychic healing and hypnotherapy by Rev. Mary Lou BA/OM</p> <p style="text-align: center;">Hypnotherapist</p>	<p><u>Contact Information</u></p> <p>Main Contact Person: Ron Campbell</p> <p>Phone 659- 2805 FAX:</p> <p>P.O. Box 2213</p> <p>Street Address: 54385 N. Circle Dr #A</p> <p>E-mail: <a href="mailto:MerkabaTea@yahoo.com">MerkabaTea@yahoo.com</a></p> <p>Website <a href="http://merkabaonline.com">merkabaonline.com</a></p>
<p><b>Natural Solutions of Idyllwild</b></p> <p>Organic Botanicals &amp; Essential Oils, Homeopathics, Air &amp; Water Purification, Far Infrared Sauna &amp; Massage Bed, Aromatherapy Jewelry, Unique Health Gifts</p> <p style="text-align: center;">Beauty</p>	<p><u>Contact Information</u></p> <p>Main Contact Person: Trish Seaward</p> <p>Phone 659- 6465 FAX: 3798</p> <p>P.O. Box 919</p> <p>Street Address: 26120 Ridgeview Dr. #2</p> <p>E-mail: <a href="mailto:info@naturalsolutionsofidyllwild.com">info@naturalsolutionsofidyllwild.com</a></p> <p>Website <a href="http://naturalsolutionsofidyllwild.com">naturalsolutionsofidyllwild.com</a></p>
<p><b>Nature's Wisdom Juice Bar &amp; Bistro</b></p> <p>Top quality healthy gourmet foods, supplements, herbs, and gifts. Vegetarian, Vegan, Macrobiotic &amp; Raw foods.</p>	<p><u>Contact Information</u></p> <p>Main Contact Person: Anna Bielecki</p> <p>Phone 659- 4300 FAX:</p> <p>P.O. Box</p> <p>Street Address: 54235 Ridgeview Dr</p> <p>E-mail:</p> <p>Website</p>

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### Home Caretaker

#### Inner Tradition

Tai-Chi instruction, Chinese brush painting Sumie; home health aid caregiver

#### Contact Information

Main Contact Person: Keiko  
 Phone 659- 2730 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

### Massage Therapist

#### Andrea Bond

Chinese medicinal massage (Tui Na)

#### Contact Information

Main Contact Person:  
 Phone 659- 6088 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

#### DJ Dangeruss

Holistic health practitioner, energetic healing, massage therapy

#### Contact Information

Main Contact Person: Russ Braun  
 Phone 659- / 317-5410 -c FAX: 0565  
 P.O. Box 3191  
 Street Address:  
 E-mail: [russ@photon.net](mailto:russ@photon.net)  
 Website

#### Janice Hope

Reflexology, Deep Tissue, Energetic Balancing, Reiki, clarity breathwork, past life regression therapy

#### Contact Information

Main Contact Person: Janice Hope  
 Phone 659- 1010 /217-1064 FAX:  
 P.O. Box  
 Street Address:  
 E-mail: [accessanangel@hotmail.com](mailto:accessanangel@hotmail.com)  
 Website [janicehope.net](http://janicehope.net)

#### Jolyn Hoetcher

Massage Therapy

#### Contact Information

Main Contact Person:  
 Phone 659- 3527 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

#### Sandy's Massage

#### Contact Information

Main Contact Person: Sandy Mooty  
 Phone 659- 0797 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

#### Sherry Rusch

Cranio-Sacral, Heller Work, Massage Therapy

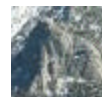
#### Contact Information

Main Contact Person: Sherry Rusch  
 Phone 659- 5927 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

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### Massage Therapist

#### Steve Chadwick

Enjoy a relaxing massage in your room, cabin or home; 16 years certified therapeutic massage experience; expert picture framing, too!

#### [Contact Information](#)

Main Contact Person: Steve Chadwick  
 Phone 659- 2663 FAX:  
 P.O. Box 502  
 Street Address: 25006 Lily Way  
 E-mail: [sdchadwick@greencafe.com](mailto:sdchadwick@greencafe.com)  
 Website

#### Sunny Steve Downer

Healing massage modalities: Swedish, sports, deep tissue, acupressure & therapeutic. Most popular is the "combination" massage. Also Thai & Hot Stone massages available

#### [Contact Information](#)

Main Contact Person: Sunny Steve Downer  
 Phone 659- /909 800 1711 FAX:  
 P.O. Box  
 Street Address:  
 E-mail: [conchustimes@yahoo.com](mailto:conchustimes@yahoo.com)  
 Website

#### You Should Get a Massage

Treatment work, Swedish, Hot Stone, Deep Tissue, Pregnancy, Aromatherapy, Reflexology, Seated Chair Massage.

#### [Contact Information](#)

Main Contact Person: Amy Britsas  
 Phone 659- 8284/522-6933-c FAX:  
 P.O. Box 3649  
 Street Address: 25710 Tahquitz Dr  
 E-mail: [amyluella@yahoo.com](mailto:amyluella@yahoo.com)  
 Website

### Massage Therapy

#### Heart & Hands Healing Massage

Release tension, fatigue and stress. Relax, restore and enhance physical, mental and emotional well-being with a therapeutic massage conceived to refresh, rejuvenate and increase vitality

#### [Contact Information](#)

Main Contact Person: Jennifer McEwen  
 Phone 659- 4663 FAX: 4665  
 P.O. Box 1781  
 Street Address: 54165 Pinecrest Ave.  
 E-mail:  
 Website

### Mind

#### Keith Froelich

#### [Contact Information](#)

Main Contact Person: Keith Froelich  
 Phone 659- 2081 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

### Pharmacist

#### Idyllwild Pharmacy

Vitamins, sundries, cosmetics, cards, photo supplies & processing, gifts & fragrances, magazines & books

#### [Contact Information](#)

Main Contact Person: Mel Goldfarb  
 Phone 659- 2135 FAX: 2226  
 P.O. Box 1105  
 Street Address: 54391 Village Center Dr  
 E-mail: [idyllrx@yahoo.com](mailto:idyllrx@yahoo.com)  
 Website

### Physical Therapist

#### Whitman Physical Therapy

#### [Contact Information](#)

Main Contact Person: Bill Whitman  
 Phone 659- 5163 FAX:  
 P.O. Box 3125  
 Street Address: 55500 S. Circle  
 E-mail: [nomadpt@netzero.net](mailto:nomadpt@netzero.net)  
 Website

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### Physician

#### Joseph Humenik, MD

Nutritional counseling, general practice, cardiac stress testing, full medical and day spa; permanent makeup, hair removal, botox, supplements, pedicures, wraps, facials, massage

#### Contact Information

Main Contact Person: Joseph Humenik  
 Phone 659- 5296 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website [gardensparoom.com](http://gardensparoom.com)

### Psychologist

#### Dr. Susan K. Foster

Jungian Psychologist developing self-awareness; clinical psychologist; Indigo teens

#### Contact Information

Main Contact Person: Susan Foster  
 Phone 659- 9637 /909 260 3565-c FAX: 9637  
 P.O. Box 1114  
 Street Address:  
 E-mail: [drsusankfoster@hotmail.com](mailto:drsusankfoster@hotmail.com)  
 Website

### Psychotherapist [M.F.T]

#### Nancy Brothers

Clinical Psychologist and consulting Psychology

#### Contact Information

Main Contact Person: Nancy Brothers  
 Phone 659- 2207 / 652-5466 FAX:  
 P.O. Box  
 Street Address: 54295 Village Center Dr #104  
 E-mail:  
 Website

#### Paul Jacobsen

Marriage & Family Therapy

#### Contact Information

Main Contact Person:  
 Phone 659- /652-5466 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

#### Rita Crumrine

Children specialist; call for appointment

#### Contact Information

Main Contact Person: Rita Crumrine  
 Phone 659- /852-4922-c FAX:  
 P.O. Box 1057  
 Street Address:  
 E-mail: [rcrumrine@greencafe.com](mailto:rcrumrine@greencafe.com)  
 Website

#### Steven Morrison

Spiritual Growth and Development; Marriage and Family Therapist

#### Contact Information

Main Contact Person:  
 Phone 659- /310 714 5915 FAX:  
 P.O. Box  
 Street Address:  
 E-mail: [spiritnow@earthlink.net](mailto:spiritnow@earthlink.net)  
 Website [spirithereandnow.com](http://spirithereandnow.com)

#### Village Center Counseling

Marriage & Family Therapist

#### Contact Information

Main Contact Person: Robyn Winks  
 Phone 659- 7003 FAX:  
 P.O. Box  
 Street Address:  
 E-mail:  
 Website

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### Religious Facility

#### Awareness Meditation Group

Meets 4:30-5:15 p.m. Spirit Mountain Retreat,

#### Contact Information

Main Contact Person:  
Phone 659- 5633 /2523 FAX:  
P.O. Box  
Street Address: 25661 Oakwood Street  
E-mail:  
Website

#### Center for Prayer Mobilization

inner healing ministry

#### Contact Information

Main Contact Person:  
Phone 659- 2897 FAX:  
P.O. Box 245  
Street Address: 26455 Delano Rd  
E-mail: [info@center4prayer.org](mailto:info@center4prayer.org)  
Website [center4prayer.org](http://center4prayer.org)

#### Chapel in the Pines Christian Fellowship

#### Contact Information

Main Contact Person: Michael Laramie  
Phone 659- 0097 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

#### Church of Jesus Christ, Latter Day Saints

#### Contact Information

Main Contact Person:  
Phone 659- 5119 FAX:  
P.O. Box  
Street Address: Highway 243 & Tollgate Rd  
E-mail:  
Website

#### Church of Scientology

#### Contact Information

Main Contact Person:  
Phone 659- 2972 FAX:  
P.O. Box  
Street Address: 54240 Strawberry Valley Dr.  
E-mail:  
Website

#### Community Presbyterian Church

#### Contact Information

Main Contact Person: Richard Olson  
Phone 659- 2935 FAX:  
P.O. Box  
Street Address: 54400 N. Circle Dr  
E-mail:  
Website

#### Diamond Zen Center

#### Contact Information

Main Contact Person:  
Phone 659- FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

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### Religious Facility

#### First Church of Christ Science

#### Contact Information

Main Contact Person:  
Phone 659- 2511 FAX:  
P.O. Box  
Street Address: 25970 Cedar St.  
E-mail:  
Website

#### Idyllwild Bible Church

#### Contact Information

Main Contact Person: Tim Westcott  
Phone 659- 4775 FAX:  
P.O. Box  
Street Address: 25860 Hwy 243  
E-mail:  
Website

#### Idyllwild Church of Religious Science

#### Contact Information

Main Contact Person: Dr. Betty Jandl  
Phone 659- 3463 /3464 FAX:  
P.O. Box  
Street Address: 54423 Village Center Dr. # 5  
E-mail:  
Website [idyllwildchurch.com](http://idyllwildchurch.com)

#### Queen of Angels Roman Catholic Church

#### Contact Information

Main Contact Person: Charles Devine  
Phone 659- 2708 FAX:  
P.O. Box 1106  
Street Address: 54525 N. Circle Dr.  
E-mail:  
Website

#### Shiloh Christian Ministries

The aim and goal of the church is to be grounded and active in the word of God, and to promote and support the preaching of the gospel of Jesus Christ .

#### Contact Information

Main Contact Person: Kristeen Bandelin  
Phone 659- 2416 FAX:  
P.O. Box 1675  
Street Address: 25380 Franklin Dr  
E-mail:  
Website

#### St. Hugh of Lincoln Episcopal Church

Services Sunday 10 AM;

#### Contact Information

Main Contact Person: Jerry Reynolds  
Phone 659- 4471 /9882 FAX: 9883  
P.O. Box 1161  
Street Address: 25525 Tahquitz Dr  
E-mail: [kahuipa@verizon.com](mailto:kahuipa@verizon.com)  
Website

#### Tibetan Buddhist Center

Peace meditation 10 am Sunday mornings, call for info

#### Contact Information

Main Contact Person: Lee Miracle  
Phone 659- 3401 /719-4240 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website [rinpoche.com/centers](http://rinpoche.com/centers)

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### Religious Facility

#### Yokoji Zen Mountain Center

YZMC is a year-round Zen Buddhist training center offering meditation instruction and retreats, workshops, residential training, guest group retreats, and a Sunday program. Directed by Charles Tenshin Fletcher, Sensei.

#### Contact Information

Main Contact Person: Charles Fletcher  
 Phone 659- 5272 / 3275 FAX:  
 P.O. Box PO Box 43  
 Street Address: 58900 Apple Canyon Rd, Mt Center  
 E-mail: [zmc@zmc.org](mailto:zmc@zmc.org) Mountain Center, CA  
 Website [zmc.org](http://zmc.org)

### Retreat

#### Alhatti Private Christian Resort

#### Contact Information

Main Contact Person: Sonia Jefferson  
 Phone 659- 2066 FAX:  
 P.O. Box 23551 Hwy 243  
 Street Address: 23551 Hwy 243  
 E-mail: [salesmgrsonia@aol.com](mailto:salesmgrsonia@aol.com) Idyllwild, CA 92549  
 Website

#### Buckhorn Camp

Year round camp for groups; dining hall

#### Contact Information

Main Contact Person: Ron Norton  
 Phone 659- 2995 FAX:  
 P.O. Box 398  
 Street Address: 24641 Hwy 243  
 E-mail: [buckhorncamp@myway.com](mailto:buckhorncamp@myway.com)  
 Website [buckhorncamp.com](http://buckhorncamp.com)

#### Idyllwild Pines Camp

#### Contact Information

Main Contact Person: Paul Schlenz  
 Phone 659- 2605 FAX:  
 P.O. Box 425  
 Street Address: 26375 Hwy 243  
 E-mail: [camp@idyllwildpines.com](mailto:camp@idyllwildpines.com)  
 Website [idyllwildpines.com](http://idyllwildpines.com)

#### Spirit Mountain Retreat

A place for individuals and small groups to go for transformation of consciousness through meditation programs, spiritual guidance.

#### Contact Information

Main Contact Person: Esther Kennedy  
 Phone 659- 2523 FAX:  
 P.O. Box 676  
 Street Address: 25661 Oakwood  
 E-mail: [abigail@spiritmountainretreat.org](mailto:abigail@spiritmountainretreat.org)  
 Website [spiritmountainretreat.org](http://spiritmountainretreat.org)

### Spiritual Counselor

#### International Healing Rooms of Idyllwild

Christian prayer for healing of body, soul, and spirit. No fee. Every Tuesday 5-7 p.m. at Shiloh Christian Ministries

#### Contact Information

Main Contact Person: LaDonna Sleme  
 Phone 659- 2416 FAX:  
 P.O. Box 1675  
 Street Address: 54960 Pine Crest Ave.  
 E-mail:  
 Website

#### Jodi Roberts

Shamanic Life Coaching, Tibetan Sound Healing, Professional Organizer, Nutritional Advisor, spiritual counseling

#### Contact Information

Main Contact Person: Jodi Roberts  
 Phone 659- /303 653-5453 FAX:  
 P.O. Box  
 Street Address:  
 E-mail: [jodi@sacredinspiration.com](mailto:jodi@sacredinspiration.com)  
 Website [sacredinspiration.com](http://sacredinspiration.com)

# Idyllwild Health Directory

## Mind, Body and Spiritual Health Resources

An IDY  
Project



[Categorical Listing](#)

### Support Group

#### Al-Anon

Support for families and friends of alcoholics

#### Contact Information

Main Contact Person:  
Phone 659- 9608 FAX:  
P.O. Box  
Street Address: 25525 Tahquitz Drive  
E-mail:  
Website

#### Alcoholics Anonymous

#### Contact Information

Main Contact Person:  
Phone 659- 2409 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

#### Cancer Self-help Group

#### Contact Information

Main Contact Person:  
Phone 659- 6262 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

#### Fresh Start Counseling

#### Contact Information

Main Contact Person: Illa RogersReynolds  
Phone 659- 9883 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

#### Narcotics Anonymous

#### Contact Information

Main Contact Person:  
Phone 659- FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

#### Overeaters Anonymous

#### Contact Information

Main Contact Person:  
Phone 659- 2430 /8226 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

#### Weight Loss Support Group

#### Contact Information

Main Contact Person:  
Phone 659- 5983 FAX:  
P.O. Box  
Street Address:  
E-mail:  
Website

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### Yoga Instruction

#### Om Sweet Aum Yoga Studio

Through practice of yoga asana we gradually learn the physical postures, experience the benefit of yogic breathing restoring our nervous system, ultimately revealing tranquil mind

#### [Contact Information](#)

Main Contact Person: Jennifer McEwen  
Phone 659- 4705 FAX: 4665  
P.O. Box 1781  
Street Address: 26120 Ridgeview Dr.  
E-mail:  
Website